

AFTERCARE GUIDE

TPLO



TIBIAL PLATEAU LEVELLING OSTEOTOMY

A care guide for your pet following surgery



About the procedure

TPLO is typically recommended for dogs with a ruptured cranial cruciate ligament. This ligament is crucial for stabilising the knee joint, and its rupture can lead to lameness, pain, and joint instability.

In some cases, swelling may develop around the ankle a few days after surgery. This is usually caused by over activity. This usually resolves within a few days.

We recommend you ice pack the knee for 7 minutes 3 times daily to reduce any swelling. Wrap the ice pack in a damp towel before applying, taking care not to apply directly on top of the Primapore.

Usually, a Primapore dressing covers the wound, and ideally this should stay on for a week. If however it does come off please ensure that the wound isn't licked as this could lead to serious infection or the wound opening up. You have been supplied with an Elizabethan collar. Please ensure this is worn at all times during the first 10 days post operatively. If you choose to use an inflatable collar rather than the plastic collar provided, please ensure the patient cannot access the wound as these collars tend to be less efficient.

The patient will sent home with anti-inflammatory/pain killing drugs. Please give these drugs as directed with food. If there is any sign of vomiting or diarrhoea, please stop these drugs immediately and contact Christchurch Referrals to discuss. Do not give any other medication without checking with them or us first.

At home recovery

- We recommend cage or very small room restriction during the recovery stage.
- To prevent disruption of the repair it is important that the patient is restricted to lead exercise with a supportive front harness only for the next 10 weeks. Initially (the first 4 weeks) only 5 minutes at a time 4-5 times daily then slowly increasing in duration
- No free activity (climbing the stairs, running in the garden) is permitted.
- Failure to rest him/her adequately could result in disruption of the repair.

Follow Up

Please monitor the patient's wound and contact Christchurch Referrals if there is any sign of swelling, discharge or redness.

A wound check will need to be carried out **7 days** after surgery with your vet.

At 4 weeks, we would like to see the patient at our referral centre to check progress.

At 8 weeks you will need to arrange to see your vet for a follow up x-ray.





KEEP TRACK OF THEIR PROGRESS

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

HAVE A CONCERN?

PLEASE DO NOT HESITATE TO GET IN TOUCH AS SOON AS POSSIBLE.